

## CHILDREN'S CLASSES

### Parent & Me ages 18 months-3 years old

Each weekly class is full of music, rhymes, creative movement, imagery and dances for girls and boys. Dance with your child while she/he dresses up and pretends to be a King or Queen, a doggy, a dolly and more. Costumes, props, and a wide variety of music all add to the fun. Dancer coloring pages are given out to remember the theme of the day.

### Creative Movement/Gym ages 2.3 to 3.5 years or 3-5yrs.

Each weekly class is full of creative movement, imagery and dances for girls and boys. This class develops creativity, coordination and self-esteem through dance activities, improvisation, and story dances. Classes integrate language arts with fine arts, thus teaching concepts and facts through use of movement. Costumes, props, and a wide variety of music all add to the fun. Dancer coloring pages are given out to remember the theme of the day. Parents must stay in the building and can come into the class as needed.

### Preballet ages 3-5

Each weekly class is full of creative movement, imagery and Ballet dances for girls and boys. This class develops creativity, coordination and self-esteem through dance activities, improvisation, and story dances. Costumes, props, and a wide variety of music all add to the fun. Dancer coloring pages are given out to remember the theme of the day.

### PreballetMusicals ages 3-5

Each weekly class is full of creative movement, imagery and Ballet dances, singing and scene rehearsals with costumes and props for girls and boys. This class develops creativity, coordination and self-esteem through dance activities, improvisation, and story dances. Costumes, props, and a wide variety of music all add to the fun.

### Preballet/Gymnastics ages 3-5

Each weekly class is full of Ballet dances and gymnastics for girls and boys. This class develops creativity, coordination and self-esteem through dance activities, improvisation, tumbling and story dances. Costumes, props, and a wide variety of music all add to the fun. Dancer coloring pages are given out to remember the theme of the day.

### Beg. Ballet ages 4-6 (4 - 4.5yr. preballet. Prerequisite)

Each weekly class introduces ballet steps and techniques while using imagery and creative movement. Dancers will learn the basic positions and jumps. Each class consists of ballet warm-ups, locomotor movement, and theme dances. Every class combines ballet steps, modern dance and creative improvisation to form complete dances. Costumes and props are brought to every class. Coloring pages are given out to remember the theme of the day.

### Ballet 1 ages 6-9

Each weekly class combines ballet steps and techniques while using imagery and creative movement. Each class consists of ballet warm-ups, locomotor movement, and theme dances. In this class dancers begin to learn the concept of repetition and alignment. Dancers will move past the beginning steps learned in Beg. Ballet. Costumes and props are brought to class Dancers can participate in a performance on stage twice a year.

### Ballet 2 ages 8-12

Dancers will learn and perform variations and repertory from classical ballets and modern choreography. Each class will begin with ballet and modern warm-ups, barre work, locomotor movement and center work. This class is for children who have had previous ballet experience and are ready to focus on perfecting technique, learn dance vocabulary and body alignment. Students will learn/memorize choreographed dances and have the opportunity to learn about choreography and how to improvise and make up their own dances. There will be a performance on stage at the end of the session.

### Children's Dance Company age 8-14

This class is for children who are serious about dancing and performing. Dancers will learn choreographed pieces using Modern, Jazz, Tap, Hip-Hop and Ballet and perform regularly during the year.

### Preballet/Tap ages 3-5

This class is half preballet and half tap. Tap section will teach the basic rhythms, heel, and toe tapping. The ballet section is full of creative movement, imagery and Ballet dances for girls and boys. Costumes and props are brought to every class Tap shoes required.

### Beg. Ballet/Tap ages 4-6

This class is half ballet and half tap. Tap section will teach the basics, shuffle, flap, etc.. The ballet section incorporates ballet steps and techniques while using imagery and creative movement. Costumes and props are brought to every class Tap shoes required.

### Ballet/Jazz ages 6-9

In this class dancers will experience 25 min. of Ballet and 25 min. of Jazz. This is a high energy class is full of jazz and ballet steps and combinations. Dancers will learn body isolations, alignment, and develop an understanding of rhythm. This class uses Pop, Traditional Jazz, and Swing music. Dancers can participate in a performance on stage twice a year.

### Musical Theater (ages 6-10 or 9-14)

Youngsters of all abilities are proud to be a part of our polished mini-productions and full length musicals. Fun, challenging, and engaging, self esteem skyrockets as members learn to develop character, vocal technique, presentation and dance skills. Requires a commitment from members and their parents. Participants are expected to independently study their lines, songs, and blocking, as scheduled, and to attend all rehearsals. In addition, parents support the quality of our productions by donating a required 6 hours of time. Most costumes are supplied but parents are required to provide the basics. Kids are encouraged to join a dance class as well. Must have theater application to sign up.

### Little Theater (ages 4-8)

Youngsters of all abilities are proud to be a part of our mini-productions. This is a highly supportive environment for youngsters to develop their courage to act, sing and dance in front of an audience. Children do not have to know how to read. Children also do not have to have all of their lines completely memorized for the show. The instructor will help them along. There will be a performance on stage. Must have theater application.

### Intro to Musical Theater (ages 4-6)

Musical theater comes to life through a series of engaging scenes. This is a highly supportive environment for youngsters to develop their courage to act, sing and dance in front of an audience. Level of challenge fits the needs of the group so that this introduction to musical theater is a positive experience for all. An excellent choice to build self-confidence and discover talent. Each class will include acting, improvisational games, creative movement, singing and scene rehearsals with costumes and props. The last class will be a presentation of their show.

### Hip Hop Boppers/Gym ages 4-6

Each weekly class is full of energetic rhythm and dances. Kids move to the fun beat of pop and hip hop music. Each week kids will also work on cartwheels, splits, roundoffs with use of mats. They will learn simple street moves, jumps, and turns. Costumes and props all add to the fun. Dancer coloring pages are given out to remember the theme of the day.

### Hip Hop ages 6-9, 8-12, Teens

Learn the basic street moves with this fun and energetic type of dance. Each week kids will also work on cartwheels, splits, roundoffs with use of mats. Dancers will get a workout while learning how to create their own dances. Dancers learn body isolations, alignment, and fast foot work.. This class uses traditional Clean Hip Hop music. Dancers can participate in a performance on stage twice a year.

### Dance while you Dine Dance /Gymnastics /Crafts \$25.00 3 hours

Drop off your child for a fun time dancing, doing gymnastics and crafts while you enjoy a couple hours away. Second and Fourth Friday of every month. Call to reserve your spot.

## Fall 2011 REGISTRATION Lafayette

### Fall Session 9/6-12/18 (14 week session no class 11/22-27) Kids 'N Dance 'N Theater Art

Payment options (ages 18months-adult)

\$ 161.00 (14-wks pre-register before 8/30/11) Child \_\_\_\_\_ Age \_\_\_\_\_ Parents \_\_\_\_\_  
 \$ 175.00 (14-wks register after 8/30/11) Address \_\_\_\_\_  
 \$ 91.00 (First 7 weeks) City \_\_\_\_\_ Zip \_\_\_\_\_  
 \$ 91.00 (Second 6 weeks) Phone:(H) \_\_\_\_\_ (cell) \_\_\_\_\_  
 \$ 48.00 (4 week trial for new students) Email \_\_\_\_\_

MAIL TO: Kids 'N Dance 'N Theater Arts  
 3369 Mt. Diablo Blvd.  
 Lafayette, Ca 94549

I AM SIGNING UP FOR:

Name of class \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

SECOND CHOICE:

Name of class \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

***Cancellation of classes: Enrollment may be frozen and used at a later date. Classes missed before notification can not be made up. I understand the above terms and agree***